








Geelong Underwater Hockey Club Inc (Inc No. A0054100W)

Policy 6: Tobacco Use within the club

The **Geelong Underwater Hockey Club** recognises the incompatibility of smoking tobacco products and playing a game such as ours, where lung and brain function is of prime importance. Smoking will continue to be strongly discouraged. We will offer encouragement and support to any smoker willing to quit in order to improve their performance.

To this aim, we wish to implement the following strategies:

This policy applies to all club members, officials, coaches, players, spectators, visitors and volunteers while attending or acting on behalf of Geelong Underwater Hockey Club.

-  Our Club will not allow the selling of cigarettes at our playing venue
-  Smoking will only be permitted in venue approved, outdoor "smoke zones" which are segregated from non smoking players, officials, family and spectators
-  We will not allow persons under the age of 18 who are in our care to smoke, even with permission from a parent or guardian
-  We will suggest as part of our training regime that a smoker should quit so as to improve their health and sporting performance.
-  We will offer support (quit line phone numbers, etc) and encouragement to any player who is trying to quit.

For those wishing to Quit their smoking habit, the following links will be of benefit:

Quitline is a telephone information and advice or counselling service for people who want to quit smoking.



<http://www.quit.org.au/>

Or telephone 137848

<http://www.quitnow.gov.au/internet/quitnow/publishing.nsf>



About one in five deaths from cancer are due to smoking. Smoking causes cancer of the lung, larynx, throat, mouth, nose, ovary, bowel, ureter, bladder, liver, kidney, oesophagus, pancreas, tongue, cervix, bone marrow (myeloid leukaemia) and stomach. More than 10,000 Australians are diagnosed with a smoking-related cancer every year.